



Group Planning Guide

FOR NON SUMMER GROUPS

BEFORE WE BEGIN...

This guide is for NON-summer mission trips held during the spring, winter, and fall. Here's the differences between our summer mission sand non-summer missions

	Summer	Non-Summer
Ages	Designed for student and college groups, however ANY age groups are welcome as long as they enjoy the energy that student groups bring!	Customizable for ANY age group: preteens through senior adults!
Dates	Week-long: starts on Sunday at 3 ends on Saturday morning	You set the times and dates of arrival
Costs	\$189 for Sunday at 3 pm through Saturday Morning	No set fees. We do ask groups to consider a donation. Our costs average between \$25-28 per person per day.
Ministries	Each individual volunteer chooses one of three ministry tracks and is sent with other volunteers to serve on site. (we will coordinate group assignments with you)	You tell us what skills and talents your group has, and what you'd like to do, and we'll work to find you the perfect projects.
Food Preparation	Our Summer staff will handle most food preparation. Volunteers are often needed in the kitchen	Your group will work with the director or to assist with all food preparation and cleanup
Staffing	We provide a full summer staff. Each ministry group will have a Big Creek Staff or assistant representative on site.	Staffing is limited. The directors will almost always be available at the mission center. Groups will be sent out on their own with detailed instructions on the tasks
Worship Services	Our staff will provide full morning and evening worship services complete with full band, messages, and multimedia presentations.	Typically, we do not have a band on site. However, the director is available and willing to offer nightly or morning devotions at a scheduled time. Bring your own musical talent!

For more information on our pre-packaged summer missions, go to:

www.bigcreekmissions.com/summer

We look forward to serving with you! Before we begin looking at all the technical details of our mission trips, we wanted to make one thing clear: Jesus is first! He comes before everything else. He is the reason we do what we do. With Christ as our focus, He changes our total perspective.

THE MESSAGE

Our message at Big Creek missions will always be centered around the life changing Gospel truths found in Jesus Christ. With Jesus as our focus and our message, lives will be changed as a result of HIS power working in and through us. As humans, we are capable of doing some really good things and accomplishing some great works. However, it is only when those works are accomplished in His name and His power that those work have eternal value. Therefore, we live out the following at Big Creek missions:

It's about worship - not work. Although mission trips are always a time where we work VERY hard and get dirty, Christians are never called to work in order to gain Gods favor. We are called to worship Him as a response to receiving God's mercy and grace through faith. One of the ways we worship Him is by surrendering to a life of missions. Missions is not an outlet so we can feel better about ourselves by accomplishing some task or goal, nor is it an opportunity for us to brag on what we "did" with our own hands. We worship Jesus by serving him, and by serving him lives are changed.

It's about surrender - not self-righteousness. Big Creek doesn't exist to glorify Big Creek or the names of any of our staff. We give Glory to JESUS for enabling and empowering us and accomplishing His work through our lives. Often, Christians have a "holier-than-thou" attitude when serving on missions. They have this subtle mindset that invites others to "look at me" and "see what I'm doing" and "give me a pat on the back." We do not exist to lift up any man or ministry, but the name of Jesus. When serving on mission, we must adopt the attitude of a surrendered servant.

It's about people - not projects and programs. We must remember that our purpose on earth is not to build physical buildings. The projects we do, the homes we renovate, and the programs we offer are not our priority. The PEOPLE we serve are our priority. We must never lose sight of why we are here – to share with those people the life-changing message of Jesus. The projects and programs are only TOOLS to share His Gospel.

THE METHODS

Doctrine: We are doctrinally conservative. Although we do have a certain set of beliefs, we do respect the differences between denominations and churches. We will use current technologies to teach timeless truths so we may evangelize the lost and disciple the believer. Please read our statement of beliefs at: www.bigcreekmissions.com. We ask groups to teach and support the beliefs of OUR mission center while serving in our community.

ABOUT BIG CREEK MISSIONS

Big Creek Missions exists to glorify Christ by serving the residents of Southeast Kentucky. We accomplish this by connecting volunteer groups with needs in our community.

What does Big Creek Missions do?

Big Creek Missions is a volunteer “hub.” We are not a camp, nor are we a church. We partner with various local agencies and ministries to provide supplies and volunteers for projects in the community. We serve alongside local churches to assist them in meeting the needs of their community. We don’t have an extensive list of “in-house” ministries, but rather, we work with an extensive list of local ministries in an attempt to serve the residents of Leslie, Clay, and Perry Counties. When you sign up to serve with Big Creek, we will work to place you in an area of ministry that will not only challenge your group but will also assist the residents or ministry you are serving. We work in areas up to 30 miles from our mission center.

What will our group do on site? You can pick from the following ministries:

Construction: Your group can help a local homeowner with housing needs. We have homes in need of wheelchair ramps, porches, roofs, floors, windows, foundations, electrical and plumbing help. We need skilled workers to lead your team AND good workers to get the projects completed! Our goal with the construction ministry is to share the Gospel by sharing Christ and serving as He would.

Community: We partner with local churches and other ministries to offer services as needed. We partner with churches offering clothing, food, and hygiene kits to residents. We work with the schools, service organizations, and anyone needing a loving visit from Christ-followers.

Children: We work with the local schools to offer services as requested. In addition, we provide daycamps and other activities for children in various parts of our community.

In-House: Groups can choose to stay and serve at the mission center by helping maintain and upgrade the facilities. We always have projects needing completion. We need painters, electricians, plumbers, and cleaners!

How We Operate

Big Creek is led by its founder and director, Kevin Rogers. As a 501c3 Non-profit, we operate under the leadership of a 5 member board of directors. This mission and its director are held accountable by pastors on the board of directors and local pastors who assist as an advisory team. Several other staff will be working alongside Kevin to provide hospitality and great ministry opportunities to your group.

How We are Funded

We are able to operate this mission center because of the generosity of our volunteers. Our funding comes from the volunteers who serve here. What you give during your week of missions is what we have to purchase all your food, supplies, and pay our utilities for that week!

Although we do occasionally receive some grants for specific purposes, we do not receive any regular funding from any specific denomination, agency, ministry, or church. We rely on the gifts of the local church!

SIMPLE QUICK START PLANNING GUIDE...

NOW

- ☐ **Let us know the following:**
 - When do you want to arrive and leave?
 - How many people are you bringing?
- ☐ **Recruit Good Workers!**
 - Adult Chaperones (1:5 ratio is recommended, but not required)
 - Construction help
 - Kitchen help (as needed – all participants will help in the kitchen!)
- ☐ **Hand out Permission and Release Forms (see at end of document)**
 - You will collect these and bring with you to Big Creek

2 - 3 WEEKS PRIOR TO YOUR TRIP

- ☐ **Contact Big Creek with the following information:**
 - Updated arrival times
 - Updated number of attendees (with the following specifics)
 - Males / Females
 - Adults / Students
 - Number desiring to do 1) Construction 2) Community 3) Children's
 - Types / Number of vehicles
- ☐ **Hand out the "What to Bring" list at the end of this document**

7 DAYS PRIOR

- ☐ Give out emergency information to your church:

Phone: 606-653-0513

Address: 90 Bullskin Road, Bear Branch KY 41714

- ☐ Call Big Creek Missions with any last minute changes!

THE TYPICAL DAILY SCHEDULE

Our typical Big Creek Daily Schedule looks like this

7:15 am:	Wake-Up Call
8:00 am:	Breakfast Served (don't be late!)
8:40 am:	Morning Private Devotions (alone – time)
9:00 am:	Morning Devotion & Depart for ministry sites
4:30 pm	Return to Big Creek (Dinner volunteers come to Kitchen at 4:30)
5:30 pm – 6:15 pm:	Dinner Served
6:30 pm – 6:45 pm	Evening Devotion in Cafeteria (Dinner cleanup pauses)
6:45 pm	Store Opens / Dinner Cleanup continues
7:15 pm	Store Closes
7:30 – 10:45 pm	Free Time or Group scheduled time (stay indoors after dark)
10:45 pm:	Lights Out (exterior doors locked at 10:45 pm)

**** About Worship:** We ask all groups to plan some type of corporate worship opportunities for your group. Whether it is singing, Bible Study, or just a simple, straightforward devotion, it is important that your group starts and ends each day with a proper focus. Nothing unites a group more than worshipping and sharing the Word of God together. A lack of focused worship has proven to result in an unfocused group.

The staff will be pleased to assist you with morning devotionals, evening messages, or other types of Biblical worship as needed.

LOCAL ATTRACTIONS

Although this is a naturally beautiful area, there is not an abundance of activities. We enjoy fellowship, relaxing, and serving each other. Please keep in mind: mission trips do not need a “side event” to make them entertaining. Because of the tremendous blessings one receives, any volunteer can return home blessed because of how God works in and through their lives.

Do not worry about trying to entertaining your group or pass the time. The rural setting provides an experience most volunteers are not accustomed to: peace and quiet. It allows groups to spend time together just growing closer and getting to know each other. The slow pace is refreshing and relaxing. You may not want to leave!

With that said. . . .

- Hyden – 15 minutes away – small town with a nice downtown park for group fellowship. We also have a couple of good restaurants plus Dairy Queen, Subway & Hardees
- Manchester – 25 minutes away – small town with a SMALL walmart, several restaurants
- London Kentucky (50 minutes away) – Walmart, several restaurants & parks
- Hazard Kentucky (45 minutes away) – Walmart, several restaurants

LIVING AT THE FACILITY

We have a GREAT facility and we will do our best to help you feel right at home. In fact, it is your home for the week. Our staff will be available to you to assist with any needs throughout your stay. We all stay on campus with you.

Other Groups: While staying at Big Creek, **your group may not be the only one staying at our facility.** If so, we will work with both groups to coordinate the use of facilities. We are all part of the Body of Christ, and He is glorified when His body is unified. You'll treasure the new relationships you gain when working alongside other groups!

Kitchen Preparation and Cleanup: Your group can expect to help us prepare and clean up food each day. Typically, all volunteers pitch in to assist with cleanup throughout the facility.

Some groups bring a designated kitchen crew. We have a detailed guide for our kitchen operations that will help them prepare our meals.

Maintenance / Cleaning: Big Creek Missions has no maintenance or custodial staff. During your week of missions, your group will assist with all cleaning and maintenance of the facilities. Serving each other is part of the mission trip!

Lights Out: In cooperation with group leaders, the center director will set a "lights out" time for all groups. Group leaders are expected to monitor their own groups. Typically, lights out is by 11 pm.

Accessibility issues: contact us if a member of your group needs special care. Our facility is one level with no steps. We do have one accessible shower and two accessible toilets.

Telephone / Email / Internet: Group leader and adults will have use of telephone and wireless internet as needed. We have broadband internet and free long-distance calling. Children / students are free (and encouraged) to use the phones to call home to check in with their parents as needed!

THE FACILITY

In February 2008, Big Creek Missions finally obtained a “home” for missions! The former Big Creek Elementary School has been converted into a full-time ministry center. We are constantly updating the facility to improve efficiency and effectiveness!

Outdoors

We have several acres of open fields, volleyball net, playground, ball field, and picnic pavilion. There is plenty of space for flag football, ultimate Frisbee, softball, or other games.

Sleeping Areas

We currently have ten sleeping rooms. Nine of our rooms sleep 18 each, and one room sleeps 36. New windows and A/C units were installed in fall of 2014, and we do our best to keep them refreshed and clean. We are constantly refreshing our supply of mattresses.

Males / Females: we provide separate male and female sleeping rooms. Please stay out of the room of opposite sex except for designated group meeting times.

Food: You're more than welcome to bring all the snacks and food you'd like! Just help us keep the beds clean by storing all the food on the tables in the rooms. (No food on beds!)

Gym

The gym is air-conditioned and serves as our worship area. Since it serves as our “warehouse” and work area, it isn't always available for recreation.

Restrooms / Showers

We have three sets of restrooms. All showers and toilets are private with doors or curtains.

- | | |
|--------|---|
| Set 1: | Females: 3 toilets, 5 sinks, 4 showers
Males: 3 toilets, 2 urinals, 3 sinks, 4 showers |
| Set 2: | Females: 3 toilets, 2 sinks.
Males: 1 toilet, 2 urinals, 2 sinks |
| Set 3: | Females: 3 showers, 3 sinks
Males: 3 showers, 2 sinks |

Washer / Dryer:

Washer and Dryer are reserved for staff and kitchen use. Sorry, we do not have any available for volunteers

Kitchen / Dining Room

We have a great kitchen and dining room that can set up to 120. The dining room is also our “commons” area where your group can hang out after the work day.

Outside

We're blessed with a great front yard! We have several acres of flat land where you can play ball, fellowship, build a fire, and fellowship under the pavilion.

WHAT DOES IT COST?

We don't have any set fees for our spring and fall missions. However, we still have expenses. Please pray about making a donation towards covering the costs of hosting your group.

Food Costs

Typically, it's easier for us to have the food available for your group, especially if multiple groups are on site. We have to eat the same meals you do – so we do our best to provide GOOD food!

If you provide your own food and are using the kitchen to prepare your meals, we do ask that you assist us by providing meals for our staff while on site, as no other preparation facilities are available for staff.

We have a basic menu from which we can order food and have it ready for your volunteers to prepare. (see menu options on last page). All our meals are simple to prepare and utilize good quality foods. We have to eat this food, so don't worry... It's actually pretty good! If we provide meals, these are our approximate costs per meal:

Breakfast	2.00 per meal
Lunch	2.00 per meal
Dinner	4.00 per meal

Lodging Costs

Our facility consists of 24,000 square feet of usable space. As you can imagine, the utilities alone can be extremely expensive. During extreme hot and cold months, our electric bill alone can cost over \$4,000! Your donation will help offset the costs of electric, water, phone, propane, facility supplies, and liability insurance.

It is impossible to put a “price tag” on staying at Big Creek – but a lodging donation of \$10 or more per person, per day, would assist us greatly. Your donations are our primary source of funding!

Construction Costs

Construction projects can cost between \$300 and \$1500 depending on the nature of the project. We will work with you to find a project suitable for the skills of your group.

- We ask that you provide construction coordinators and tools for projects, we will have materials ready for you at the ministry center.
- We will cover the cost for materials for our facility renovations, but gladly accept donations.

Bottom Line

Daily Food Costs:	\$8.00 per person
Daily Lodging Costs:	\$10.00 per person
Daily Construction Costs:	\$10.00 per person

On average, a donation of \$28 per person per day would be extremely helpful towards covering the costs of your trip.

MENU & OPTIONS

If more than one group is on site, Big Creek will provide food for both groups.

If only ONE group is on site, that group can provide their own food. However, please plan to provide extra food for center staff, as we have only one kitchen.

Breakfasts

We always have cereals, toast and toasters, and fruits available.

- | | |
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| Option 1 | Biscuit day! Assortment of pre-made biscuits and muffins (sausage, BEC, etc) |
| Option 2 | Eggs, Bacon, French Toast Sticks, Biscuits, Gravy |
| Option 3 | Sausage Links, Pancakes, Waffles, |
| Option 4 | Eggs, Bacon, fruit, Cinnamon Rolls |

Lunches:

Participants will typically pack their own sack lunches to take out on site

Options include:

- Choice of Breads (hoagie, white, wheat)
- Choice of Meats (ham, turkey, roast beef)
- Choice of Cheese
- Choice of Chips
- Dessert (assorted snack cakes)

Dinners (may vary):

- | | |
|----------|--|
| Option 1 | Smoky Mountain Chicken, Seasoned Potatoes, Green Beans, rolls |
| Option 2 | Grilled Burgers and/or Hot Dogs, Tater Tots |
| Option 3 | Pulled Smoked Pork or Chicken, Potato Wedges, Baked Beans, |
| Option 4 | Stir Fry: Rice or Baked Potato, Beef or Chicken, Stir Fry Veggies, Sweet Carrots |
| Option 5 | Chicken Fingers, Mashed Potatoes, Green Beans, Corn, rolls |
| Option 6 | Italian Night: Spaghetti and Meatballs, or Chicken Alfredo, Breadsticks, |
| Option 7 | Mexican Night: Tacos, Quesidillas, chips and salsa |

Desserts include:

Assorted cakes with icing (white and yellow), Dump Cake, Banana Pudding, Brownies, Apple Pie, etc

Salad Bar typically includes:

Spinach, Spring blend lettuce, Iceburg Lettuce, tomatoes, cucumbers, shredded cheeses, croutons, bacon bits, onion crisps, sunflower seeds, chickpeas, peas, carrots. We also offer a large variety of dressings.

Special Dietary Needs: Please inform us of special dietary needs well in advance of your arrival. **We may or may not be able to accommodate all requests. In cases where dietary needs exist, the participant should pack / bring his her own special items, as we may not be able to obtain these needed items because of our location.** We typically do not provide additional vegetarian options and it is recommended that you bring your own.

Adult chaperones from each individual group are responsible for working with the camp staff to communicate about food allergies.

TRANSPORTATION & LOCATION

- **Where are we?** We are located 5 miles off the Hal Rogers Parkway in Leslie County Kentucky. All the roads that we recommend travelling to Big Creek are rather easy to navigate even in larger church vehicles.
- **Driving Distances:** Because we serve in three counties, drivers should be prepared to travel distances of close to 30 miles to their sites per day depending on your location. Some of the homes we visit are located on very narrow gravel roads.
- **What type vehicles should we bring?** We recommend 26 or less passengers vehicles or less. Please keep in mind: your vehicles may be the only ones we have available to use. So, if you only have one vehicle, you'll have one work group. If you bring a larger bus, we recommend bringing another vehicle to create a second team. (15 on the large bus, and 8-9 in a van or suv)
- **Location of Clinics / Hospitals:** We have three hospitals in close range of our mission center.
 - **ARH Big Creek Clinic:** 2 miles (we recommend this clinic for minor issues)
 - **Mary Breckenridge ARH Hospital:** 10 miles
 - **Manchester Memorial ARH Hospital:** 15 miles
 - **Hazard ARH Hospital:** 25 miles
- **Driving Directions:** You can find driving directions on our website at www.bigcreekmissions.com/driving

FINANCIAL DONATIONS

*Please share about our mission in Kentucky to your entire church! Perhaps those who cannot attend physically can support the mission financially!

*Perhaps your pastor would allow a “mission offering” prior to your departure! This offering can go towards construction materials, community ministries, or children’s ministries during your week of ministry!

*Ongoing gifts: Perhaps your church would like to support our mission on a continuing basis. We would appreciate any budgeted gifts or offerings given to Big Creek Missions.

PHYSICAL DONATIONS

Because we are a mission center and NOT a camp, we are here to serve the community, and appreciate your help with additional funds for ministry. Everything you give will help continue the ministry that Big Creek offers in our community. While we welcome donations of quality used items, we cannot accept broken or totally dilapidated items. Thanks for understanding!

OTHER ITEMS THAT HELP US DO MINISTRY

1) Basics:

- Non-perishable foods
- Clothing and Shoes
- Hygiene items
- Good quality home goods and Linens
- Baby necessities

2) Construction Supplies

- a. 2” and 3” galvanized / coated decking screws
- b. ANY pressure treated lumber (2x4, 2x6, 2x8, 4x4, 5/4 decking boards)
- c. Avantek Flooring
- d. OSB – ½” or ¾”
- e. Great Stuff Foam Sealant
- f. Silicone Caulk
- g. Lowes Gift Cards (if you don’t want to haul a lot of construction materials!)

3) Facility Supplies

- a. Liquid Hand Soaps & dispensers
- b. Garbage Bags: kitchen 13 gallon and 33 gallon heavy duty
- c. 10 ounce disposable cups (Styrofoam or plastic)
- d. Coolers (We can always use additional drink coolers – 5 gallon igloo or Rubbermaid)
- e. 12 oz Styrofoam or plastic bowls
- f. Paper or Styrofoam plates
- g. Coffee & Creamers (for all the coffee drinkers!)
- h. Scrubbing Bubbles
- i. Dish washing Detergent
- j. Toilet Paper
- k. Paper Towels
- l. Walmart gift cards (if you don’t want to haul a load of donations!)



What to Bring

DRESS CODE SUMMARY

We have a simple dress code to help us minister in this community with integrity and promote safety. Expect these to be enforced!

- ✓ **Construction:** Long pants may be required. Closed FOOT shoes required (tennis shoes or boots).
- ✓ **Girls-**
 - clothing should be modest
 - shorts should be modest
 - no tank-tops or sleeveless shirts
 - no clothes with suggestive/negative messages
 - swimwear: 1 piece or overlapping tankini
 - closed toe shoes (closed FOOT for construction)
- ✓ **Guys:**
 - clothing should be modest
 - no tank-tops or sleeveless shirts
 - no clothes with negative/suggestive messages
 - closed toe shoes (closed FOOT for construction)
- ✓ **Extra clothing:** All participants should pack clothing for a variety of ministries. You should be prepared to work in construction, children's, or community ministries. Laundry is not available.

CLOTHING & DRESS CODE

- **You'll need the following clothes:**
 - 2-3 pairs pants for outside work (everyone!)
 - Shorts (seasonal) (fingertip length)
 - Shirts
 - Tennis shoes (closed foot)
 - Socks & undergarments
 - Bible
 - Sleepwear & leisure clothing
 - Shower shoes (cheap flipflops)

BATHROOM STUFF

- All toiletries
 - Towel & Washcloth
 - Soap, Toothbrush & Tooth Paste
 - Deodorant
 - Contact Solution & Case?
- Sunscreen and bug repellent
- Hairbrush? Glasses? Mirror? Bible!!!
- Laundry bag for dirty clothes

OTHER STUFF

- BIBLE & pen
- Bedding
 - **Twin size fitted sheet** (required for hygiene purposes)
 - Blanket / sleeping bag
 - Pillow
- Medicines, Bible
- Water Bottle
- *Optional Items*
 - Ear plugs (snorers may be in your room!)
 - Recreation stuff for free-time (Frisbee, football)
 - Water-flavoring packets
 - 5 plastic grocery bags for your lunches
 - Extra Snacks for lunches and free time.
 - Coffee Drinkers: We have a Keurig, Starbucks Verismo, AND regular brewer. Bring your favorite cups, creamer, or grounds! We provide basic coffee and creamer
 - A kitchen garbage bag with "odor neutralizers" for dirty clothes!! ☺ Your roommates will thank you

MONEY

Here are examples where you might need money:

- **Coffee Shop:** Our coffee shop is a few miles down the road. Plan to stop and check it out!
- **The Store** – At our mission center, we have water bottles, t-shirts, and several other simple items you may want to purchase. Cost: \$3.00 - \$20.00
- **Offering** - You may have an opportunity to give to a ministry or family in need during the week.

PHONES

Big Creek has a phone available for students to call home at any time (as available, free of charge)

TOOL LIST

For Construction, these tools are VERY helpful:

Safety Goggles	N95 Mask
Crowbar / Prybar	Paint brush for trimwork
Hammer	Bible

WHAT NOT TO BRING

- practical joke items or fireworks
- expensive electronics
- alcohol or tobacco products
- anything you don't want broken or lost
- anything distracting to your spiritual growth
- energy drinks (not allowed on campus or sites)

2017 Big Creek Missions Permission & Release

Participants should fill this out by hand and give to group leader.

Group Leaders: bring this signed form with you to Big Creek along with a copy of the participants insurance card.

Name: _____ Parents' Names: _____
Birthdate: ____/____/____ Age: _____ Grade: _____ Shirt size: S M L XL 2X 3X 4X
Address: _____
City / State/Zip: _____
Church: _____ Group Leader: _____
Email: _____ Parent's Phone: _____

MINISTRY CHOICES: Please select with 1 as your favorite, 3 as less favorite

____ Community Ministries ____ Construction Ministries ____ Children's Ministries

MEDICAL INFORMATION: (please attach copy of insurance card)

Allergies: _____

Date of last tetanus booster: _____ (we highly recommend this be up to date)

Current Medications: _____

Participant can take (circle all that apply): (ibuprofen) (pain relievers) (cold medicines) (allergy meds)

Other information about the participant: _____

CONTACT IN CASE OF EMERGENCY:

Name: _____ Phone 1: _____ Phone 2: _____

Name: _____ Phone 1: _____ Phone 2: _____

Name: _____ Phone 1: _____ Phone 2: _____

Permission: My student has permission to attend the Big Creek Mission Trip in 2017. Participants noted above have read and understand the expectations and policies of the mission center, available at www.bigcreekmissions.com. These are given to protect participants and create a pleasant atmosphere so all will have an enjoyable time. Those who choose to bend, test, or break rules may lose certain privileges or be sent home at their own expense. I also understand that as a participant, I / my child may be photographed or videotaped during normal camp or event activities and photos/videos may be used in promotional materials (including facebook, twitter, instagram, social media, and website).

Release: My permission is granted for the mission center director, church official, any camp or event staffer, or adult present or in charge of First Aid, to obtain necessary medical attention in case of sickness or injury to me / my child. In addition, I give any adult sponsor, authorized by Big Creek Missions, permission to sign as guardian if any serious medical emergency occurs. If no adult sponsor is available, any medical professional shall have my permission to administer medical attention that this attendee needs. I hereby release, remise, and forever discharge Big Creek Missions and all sponsors from any and all claims, demands, actions, or cause of action past, present, or future arising out of any damage or injury while participating in this event. (Participants under 18 requires Parent/Legal Guardian's signature)

Signed: _____ Date: _____

Signed: _____ Date: _____

Parent Signature witnessed by: _____ Date: _____